

July 5, 2007

Lone Willow Ranch

Hello,

Welcome new members! We would like to thank every one for sharing information about our CSA. For the new members all of the past newsletters and recipes are on our web page. [www.organicheirlooms.com](http://www.organicheirlooms.com). We are working on updating it. The web page takes a lot of time to do right. John, myself, and staff are all putting very long days, trying to keep our heads above water. I'm sure most of you realize the energy that goes in running a farm and with the summer heat on us it is difficult. Our first concern is keeping our staff safe from sun exposure. We make every effort to do as much in the am hours and later in the evening.

Our second concern is making sure our members are happy with their produce. These two goals are our top priority for us. We enjoy hearing feed back. Regardless if it is a comment or a recipe.

This week's box

We have sweet corn, tomatoes, squash, melons, carrots, beets, cucumbers, maybe eggplant & herbs. We think this week's stand out are the melons... They are just delicious. Firebaugh is the cantaloupe capitol. The are sweet, firm and juicy. The smaller green melon is a French variety; the long large cantaloupe is called jumbo. We like the flavor of the French variety best because it has such depth in flavor. It does not hold up well in shipping so eat it soon.

Farm report

Sweet Corns, Melons and Tomatoes.....We feel this is the best time of the year. The honey dew, crenshaw, and casaba are on their way. Eggplant they are great. If we don't have enough this week we will next. We have started milking the goats. If any one has a good cheese experience let us know. We are in the learning stages and could use any advice.

We didn't include recipes this week just because the produce is so great fresh. This time of the year we don't cook as much as we are slicing and dicing..... enjoy.....

August 11<sup>th</sup> Fig Fest

Sept. 29<sup>th</sup> Tomato's Night out

Information [www.slowfoodmadera.org](http://www.slowfoodmadera.org)

We want to hear from you,  
Farmer John & Shelby

