



Lone Willow Ranch
July 31, 2008

www.organicheirlooms.com

Hi, to all, we hope everyone is taking advantage of this beautiful weather we have had. The produce is really kicking in. This is the time of the year; that not only are we growing and packing many types of produce but also planning for the up and coming seasons. Sometimes you just need to slow down and enjoy. We have.... to take time to SLOW DOWN and ENJOY. . That's why we are having the FARM DAY We are going to have a simple meal, wine and fellowship. As we have said earlier; that we are working on the intern house, so we are really hoping to at least have the kitchen done. We are committed to having Farm Day, no matter "what" this time... rain sleet or shineIf we have to we'll set up camp on the front yard... who knows?? Come out and join us anyway, it will be good.

This week's box

We have green beans, cucumber, beets, carrots, melons, radish, sweet corn, onions, garlic, herb bunch (of mint, basil, thyme, rosemary, and sage) peaches, nectarines, heirloom tomatoes, squash and the first of the Yukon gold potatoes. With the recipe on the back page for beet salad, try changing out the spinach for thinly sliced radish. The combination is great. Go to our web site for more wonderful beet recipes.

Farm Report

We have been busy planting romaine and heirloom lettuces, broccoli, cabbage, cauliflower, and winter squash plus much more.

The chickens have made it to the farm! John designed the coop to be mobile. Once the crop has been harvested we move the chickens. The chickens are feeding on bugs, the remainder of the crops and weeds. When the chickens move off the soil will be clean and fertile. It has been working out pretty good but the real bonus is that we will have rich organic eggs very soon.

Events

Farm Day- August 24, 12:00 to 3:00. (or so) www.organicheirlooms.com

Fig Fest 2008 – Celebrating a Valley Treasure Saturday, August 9, 2008 - 9 AM to 12 PM
. www.slowfoodmadera.org

Slow Food Nation –August 29th thru Sept. 1, 2008. . www.slowfoodnation.org

Remember to conserve, recycle and reuse,

Farmer John & Shelby