

Oct 24, 2007

Lone Willow Ranch
Farmer John 559-694-0017
Shelby 559-352-1486

Hello everyone,

Did you miss your box last week? We found out how many people read their newsletters. Actually, everybody has been really good and we appreciate it very much. We attended an Organic Farming Research Foundation annual meeting and fund raiser. If you are interested you can check out their web page at www.ofrf.org John is on the board and they are really doing some good work. We get so inspired after these meetings. They also recognize the out reach that we do on the farm and the efforts that our CSA members do to connect with farmers.

This week's box

We have sweet peppers, Yukon gold potatoes, carrots, turnips, arugula, kale, jalapeño, herbs, and tomatoes. The break we had was good for the farm, next week we'll have beets, winter squash, and lettuce too.

One of the hardest things to do is to estimate the produce demand and to foresee what the weather will do. That's farming, one of the biggest risks you can take, but we feel it is worth every effort if we can provide our members with healthy fruits and vegetables. We are trying to do our best.

If you want to continue with the twice a month winter CSA you will need to contact us. So far I have 6 members.

We want to hear what you think. What are your ideas? How we can improve? We have included a little information about CSA's not necessarily our but this is where and how we got started.

Until next week

Cheers,

Farmerjohn@organicheirlooms.com

Shelby@organicheirlooms.com

www.organicheirlooms.com