

Lone Willow Ranch,

May 24, 2007

Hello,

Did every body get a Heartland Festival Flyer? I hope so, it is a fun day and the blue berries are great.

This weeks box:

We have a few Robada Apricots, butter lettuce, radishes, onions, red meat beet, carrots, squash, cauliflower (3 colors) mint and Provence lavender. The lavender is so beautiful. We have 2 varieties that bloom at different times. Grosso and Provence. We usually have lavender all summer. I would love to learn how to distill it into oil, but for now I use it in flower arrangements, cooking and lavender wands. It is easy to grow in the right location. The bumble bees love it. It is a lovely sight to see the bees feeding on the lavender. We are blessed with a lot of summer squash. It has so many uses and is great fresh or cooked. My favorite is grilled. It is very simple. Just slice, season and grill. Please share your recipes.

Farm Report:

The apricots are just starting to get some color. The melons are the size of golf balls. The tomatoes and corn are really kicking in. They love the warm dry weather. We welcomed a new intern to the ranch this week. Her name is Cindy Blohm. She was born and raised in New Jersey. You know where they "say" they grow the "BEST TOMATOES". She just graduated from Duke University and not sure what to do with herself. She hopes by helping us on the farm and doing some hard physical labor she can figure it out. You never know she might be a farmer. This is the busy time of the year for us. We are still planting seed for the greenhouse, preparing the soil for planting, planting, irrigating, harvest and packing. The goats are through kidding for the time being.

We hope everyone has a safe & happy holiday.  
Farmer John & Shelby