



## Lone Willow Ranch

[www.organicheirlooms.com](http://www.organicheirlooms.com)

June 12, 2008

Hello,

Summer is upon us. With this comes vacation, kids home from school, and for us this means kicking into full speed on the farm. From this point on we will be planning, planting, harvesting, and packing all in a days work. We are very grateful for the blessing we have. We have included in this newsletter the base foundation of a CSA. For you to share with your friends and neighbors. We still have spots open.

### **What is Community Supported Agriculture and How Does It Work?**

CSA reflects an innovative and resourceful strategy to connect local farmers with local consumers; develop a regional food supply, strong local economy and maintain a sense of community.

CSA is a partnership of mutual commitment between a farm and a community of supporters which provides a direct link between the production and consumption of food. Supporters cover a farm's yearly operating budget by purchasing a share of the season's harvest. . In return, the farm provides, to the best of its ability, a healthy supply of seasonal fresh produce throughout the growing season. Becoming a member creates a responsible relationship between people and the food they eat, the land on which it is grown and those who grow it.

### This Weeks Box:

We have artichokes, apricots, green onions, green garlic bulb, mint, carrots, basil, squash, cabbage, celery, cucumbers, beets, radishes (white & red), turnips, rosemary, lavender, and sure we are forgetting something. We grilled our artichokes and squash, they were delicious. So simple. Give it a try.

### Farm Report

The windy has been brutal. We have scaring on some of the tree fruit, and lost some, but on the up side the tomatoes are growing very quickly, we have melons on the vine, the corn is waist high. They will be in your box soon.

Just need to mention to the new member that we recycle the boxes and clam shells. Please, do your part by picking up your box and paying your monthly fee on time. All past newsletter and recipes are on our web page. We love to hear from you, Always!!

We appreciate your support!!

Farmer John & Shelby